## Wiimbaamitigoogshiing **Indigenous Land-based Program**



- 4-credit semester program.
- Experiential learning centered around Indigenous knowledge systems.
- Supported by Indigenous Elders, language speakers and cultural teachers.





## For more information please visit:



**Catholic District School Board** 

## **Examples of activities:**

- Exploring ecological knowledge through traditional and medicinal uses of plants.
- Traditional artworks such as quillwork, beadwork, birch bark baskets, snow shoes, canoe building.
- Seasonal activities such as harvesting maple water into sugar.
- Astronomical knowledge and celestial cycles connected to the land.
- Sustainable practices such as gardening and living off the land.